



IN THE
SMOKE
PRESENTS

Heartbeats
& H E A R T B R E A K S

ACT I

Love Really Hurts Without You

Billy Ocean, arr. Chris
Soloist: Freddie

Simply The Best

Tina Turner, arr. Imogen
Soloist: James T-C

About You Now

Sugababes, arr. Michael Humphrey (former member)

Titanium

Sia, arr. Tom D
Soloists: Kate and Imogen

No Me, No You, No More

The Staves, arr. Chris
Soloist: Tom G (ably harmonised by Freddie and Nick)

Heartbeats

José Gonzalez, arr. Imogen
Soloists: Lizzie and James LMJ

Angels

Robbie Williams, arr. Sarah
Soloist: Sarah



Cat

Member since: 2023

Job: Sustainability Consultant

Favourite ItS arrangement: Jolene

Fun Fact: I've hugged Michelle Obama and can confirm she smells fantastic.

Catherine

Member since: 2025

Job: Civil Servant

Favourite ItS arrangement: Chandelier

Fun Fact: I have sung at a royal baptism...



Chris

Member since: 2017

Job: Tennis Umpire

Favourite ItS arrangement: Alone or Sophia

Fun Fact: I once won a CBBC poetry competition, winning a load of books.

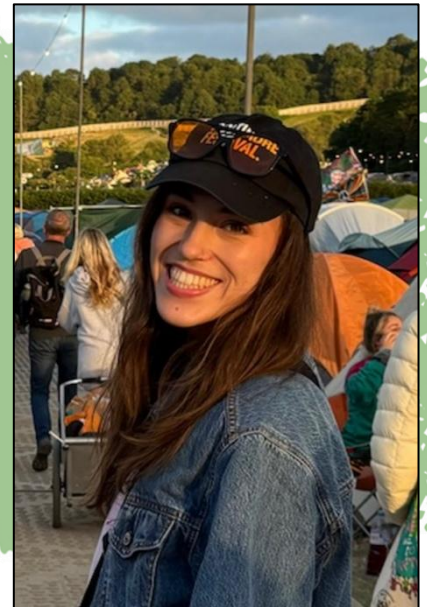
Emilie

Member since: 2024

Job: Content production manager

Favourite ItS arrangement: Sledgehammer

Fun Fact: I chased down a phone-snatcher
and got my phone back!



Freddie

Member since: 2022

Job: A&E Doctor

Favourite ItS arrangement: Unseen Sight-
Reading Challenge (Wicked!)

Fun Fact: I was in a Bollywood movie...
about 2 seconds of the final edit!

Imogen

Member since: 2022

Job: Doctor

Favourite ItS arrangement: Oh My
Sweet Carolina

Fun Fact: I did my secondary school
work experience with the circus and
learned how to walk the tightrope.





James (LMJ)

Member since: 2022

Job: Advising organisations on how to improve their social impact

Favourite ItS arrangement: Chandelier

Fun Fact: I have a sip of liquid after every mouthful of food.

James (T-C)

Member since: 2007, with a couple of years off in the middle!

Job: Arts strategy and planning

Favourite ItS arrangement: Teardrop

Fun Fact: I once tried to kick Olivier Award-winning actor Adrian Lester in the face.



Kate

Member since: 2025

Job: HR Adviser

Favourite ItS arrangement: Edge of Seventeen

Fun Fact: I'm a quarter Austrian.

Lizzie

Member since: 2013

Job: ENT Surgeon

Favourite ItS arrangement: Driving With the
Brakes On/Ex Factor/Style

Fun Fact: I medalled in the 1997 Richmond
Borough Cycling Proficiency Competition.



Nick

Member since: 2016

Job: Data & process automation engineer

Favourite ItS arrangement: Ain't Nobody

Fun Fact: I taught myself to rollerblade in
New York's Central Park.

Sarah

Member since: 2017

Job: CFO/COO in investment banking

Favourite ItS arrangement: Vogue /
Walk Like an Egyptian

Fun Fact: My twin sister and I both
started dating our husbands on the
same day 19 years ago!





Tom (D)

Member since: 2022

Job: Psychiatrist

Favourite ItS arrangement: Oh My Sweet Carolina

Fun Fact: I have too many houseplants but I can't stop buying more.

Tom (G)

Member since: 2014

Job: Quant

Favourite ItS arrangement: Hard Times

Fun Fact: I am Australian but I am half Belgian.



Thank you very much for coming to see us, and for all your support over the years.

Our new EP, *Heartbeats and Heartbreaks*, will be available on streaming platforms later this month.

Image by starline on Freepik

ACT II

Shut Up and Dance

Walk the Moon, arr. Andre Flemmings (former member)
Soloist: Chris

Heya Moli

Trad. Georgian, arr. Chris
Soloists: Catherine, Lizzie & Chris

Dublin Sky

Darren Hayes, arr. James T-C
Soloist: James T-C

Ex Factor

Lauryn Hill, arr. Michael Humphrey (former member)
Soloist: Catherine

Set Fire to the Deep

Adele, arr. Freddie
Soloists: Kate and Emilie

Heavy

Orla Gartland, arr. Sarah
Soloist: Cat

Dancing On My Own

Robyn, arr. Andre Flemmings (former member)
Soloist: Chris

Padam Padam

Kylie Minogue, arr. Chris